

COMMUNITY CONNECTIONS – NOVEMBER & DECEMBER

NOVEMBER

- Mondays**
3, 10, 17, 24 Crean Hall (For more information, please call 609-599-5764)
Ingles al Rescata (ESL) - 10:30 - 11:30 am
English Support Group - 12 - 1 pm
- Tuesdays**
4, 11, 18, 25 **“Milk & Cookies Storytime”**
 Parent & Child (0-5yrs)
 Crean Hall (For more information, please call 609-599-5764)
10:30 - 11:30 am
- Tuesdays**
4, 18 **“Reducing Stress”**
 Crean Hall (For more information, please call 609-599-5764)
12 - 1 pm Learn how to reduce the stress in your life through arts and crafts.
- Tuesdays**
11, 25 **Baby Signs - Parenting Workshops**
 Crean Hall (For more information, please call 609-599-5330)
 Learn all you need to know to begin using the Baby Signs Program at home.
- EPIC - Parenting Workshop**
4 - 6 pm
- 11** **Lawrenceville Breast Cancer Support Group**
 Office of Dr. Catherine Gleason
 3131 Princeton Pike ▪ Lawrenceville, NJ, Bldg. 6, Suite 106
5:30 - 7:30 pm If you or a loved one has been diagnosed with breast cancer, this support group can help you cope. Share information and experiences with people who understand. For more information, or to register, call Anne-Marie Williams at 609-599-5201 or 215-208-3401.
- 25** **Bariatric Support Group**
 SFMC Café ▪ No Registration Needed
6 - 8 pm This group is for patients who have had or are planning to have bariatric surgery at St. Francis Medical Center. Not sure if bariatric surgery is for you? Feel free to join our discussion.
- Wednesdays**
5, 12, 26 **“Crianza con Carino” Parenting Workshop**
 Crean Hall (For more information, please call 609-599-5764)
12 - 1 pm
- “Pregnancy 101” A complete prenatal class to address all your questions and concerns regarding pregnancy.**
 Crean Hall (For more information, please call 609-599-5764)
5 - 6 pm
- 19** **“Just Us” Breast Cancer Support & Education Group**
 SFMC – 2nd Floor
6:30 - 8:00 pm
- Thursdays**
13, 20 **Healthy Cooking**
 Crean Hall (For more information, please call 609-599-5764)
11 - 12 pm Come learn about food and nutrition and how to prepare delicious, healthy meals for you and your family.
- “Te con Ines” Latina Womens Support Group**
 Crean Hall (For more information, please call 609-599-5764)
12:30 - 1:30 pm
- Thursdays**
13, 20 **Fatherhood Conference**
 Crean Hall (For more information, please call 609-599-5764)
5 - 6 pm
- Fridays**
7, 14, 21 **Music Together**
 Crean Hall (For more information, please call 609-599-5764)
12:15 - 1:15 pm

DECEMBER

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